

# Delta-8 THC Has Serious Health Risks!

Delta-8 tetrahydrocannabinol, also known as delta-8 THC, it is a psychoactive substance found in the Cannabis sativa plant, of which marijuana and hemp are two varieties. Delta-8 THC is one of over 100 cannabinoids produced naturally by the cannabis plant but is not found in significant amounts in the cannabis plant. As a result, concentrated amounts of delta-8 THC are typically manufactured from the hemp-derived cannabidiol (CBD).

Here are 5 things you should know about delta-8 THC to keep you and those you care for safe from products that may pose serious health risks:

1. Delta-8 THC products have NOT been evaluated or approved by the FDA for safe use and may be marketed in ways that put the public health at risk.
2. The National Poison Control Center received over 2,300 adverse event reports involving delta-8 THC-containing products in 2021. 70% required medical intervention and 41% involved pediatric exposure.
3. Delta-8 THC has psychoactive and intoxicating effects.
4. Delta-8 THC products often involve use of potentially harmful chemicals to create the concentrations of delta-8 THC found in the marketplace.
5. Delta-8 THC products should be kept out of the reach of children and pets.

Delta-8 THC is now being sold as an ingredient in various products such as vape liquids, gummy bears, candy, and even chocolate. Like marijuana, Delta-8 is prohibited for use by Service Members, and it will likely show up on a routine drug test.

If you think you are having a serious side effect from Delta-8 THC, call Poison Control at: 1(800)222-1222, 9-1-1, or go to your local emergency room.

For additional information, please view the following link:

<https://www.fda.gov/consumers/consumer-updates/5-things-know-about-delta-8-tetrahydrocannabinol-delta-8-thc>

Questions? Contact us at 363ISRW.ART.363ISRW@us.af.mil or at 757-764-9316