

RESILIENCE



With our Shaw AFB Chapel Social media sites, we are able to produce weeeekly and monthly content, ranging from spiritual practices, devotionals, and fitness.

PLEASE VISIT



shawchapel.org

HARDSHIPS OFTEN PREPARE ORDINARY PEOPLE FOR AN EXTRAORDINAY DESTINY

- C.S. LEWIS

WE ARE

INNOVATIVE

ADAPTABLE and OUT OF THE BOX thinkers that look for new and exciting ways to reach our Airmen and their loved ones.

We aim to teach resiliency in marriage, work and in normal everyday life.

WATCH:

What Trauma Taught Me About Resilience | Charles Hunt | TEDxCharlotte

https://www.youtube.com/watch?v=3qELiw_1Ddg