



Bridge Chat Overview and Importance

Breaking barriers is both a personal endeavor and a team effort with the potential to create lasting change. It is vital to the effectiveness of this organization that each of us acknowledge what holds us back individually, and collectively, and work towards moving beyond those barriers. As a united organization we have achieved great things in the past and we will continue to do so if we refuse to see barriers as immovable objects, but rather challenges to be conquered.

Chat Reminders

- ▶ **Based on feedback from the field:** August 2019 resilience tactical pause feedback told us that our teammates overwhelmingly want continued, sustained and consistent opportunities to talk with their leaders.
- ▶ **Leaders have flexibility.** HQ ACC provides the topic, but the timing, delivery, and discussion questions are at the commander's discretion.
- ▶ **Cohesive teams built on trust and synergy are more effective**

Above all else...

Demonstrate respect for human dignity

Breaking Barriers

Bridge Chat Purpose: Create cohesive, high-performing teams that foster trust and connection through flexible and consistent small group discussions; in direct response to overwhelming feedback from the CSAF 21's Resilience Tactical Pause.

Getting the Conversation Started

VIDEO: American Airmen – Breaking Barriers since 1947

<https://www.dvidshub.net/video/548321/american-airmen-breaking-barriers-since-1947>

(Run Time: 3 minutes, 22 seconds) [short link: <https://bit.ly/37qjkQL>]

“There are no constraints on the human mind, no walls around the human spirit, no barriers to our progress except those we ourselves erect.”

– President Ronald Reagan

“We must place value in multi-capable and adaptable team builders, and courageous problem solvers that demonstrate value in diversity of thought, ingenuity, and initiative.”

– Charles Q. Brown, Jr.
General, U.S. Air Force
Chief of Staff

Suggested Discussion Questions ▶

1. What personal barriers do we deal with on a daily basis?
2. How do those personal barriers impact the team's ability to be connected and effective?
3. How does our organization encourage you to break through those barriers, both personally and as a team?
4. The video gives examples of how the USAF broke through past barriers. What barriers can this team overcome that would have a positive organizational, national and even global impact?
5. What do you think we need to do to get there?