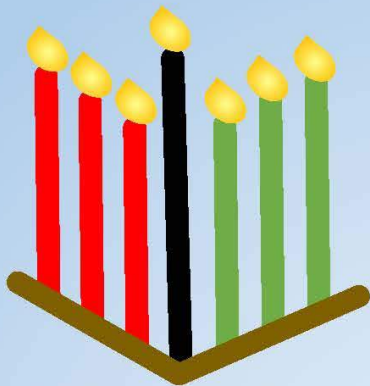


# UNDERSTANDING THE HOLIDAYS

## Kwanzaa



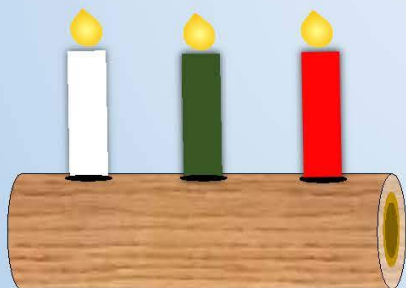
A week-long holiday honoring African culture and tradition. It has 7 core principles represented by each candle: Unity, Self-Determination, Collective Work and Responsibility, Cooperative Economics, Purpose, Creativity, Faith.

## Chanukah



A word meaning “dedication” in Hebrew. This is an 8-night celebration. Often called the Festival of Lights, is celebrated with the lighting of the menorah, traditional foods, games, and gifts. This is a lesser holiday in Jewish tradition.

## Winter Solstice



The custom of burning the Yule Log goes back to, and before, medieval times. It was originally a Nordic tradition. Yule is the name of the Old Winter Solstice festivals in Scandinavia and other parts of northern Europe, such as Germany. Earth Based and Pagan Religions still burn the yule log to this day.

## Christmas



A festival commemorating the birth of Jesus Christ. It is a religious and cultural celebration. Modern celebrations; however, do not always focus on the religious aspect. This holiday is celebrated by giving gifts, acts of charity, and decorating with lights, trees, and evergreens.

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